Chocolate Raspberry Chia Pots

10 min + chill | Yields 4



SERVING IDEA

YOU WILL NEED

- 1/3 cup chia seeds
- 1 1/2 cups milk
- 2 tbsp unsweetened cocoa powder
- 2 tbsp maple syrup
- 1 tsp vanilla
- 1 cup raspberries

KITCHEN TIP

Fully hydrate chia before serving.

MAKE IT

1. Whisk chia, milk, cocoa, maple syrup, and vanilla thoroughly.
2. Stir again after 10 minutes, then chill at least 4 hours.
3. Divide into glasses and top with raspberries.

EMMA BENNETT RECIPES

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