White Bean Tuscan Wraps

15 min | Yields 2



SERVING IDEA

YOU WILL NEED

- 2 large whole-wheat tortillas
- 1 1/2 cups canned white beans, rinsed
- 1 cup baby spinach
- 1/2 cup roasted red peppers, drained
- 1 tbsp lemon juice
- 1 tbsp olive oil
- 1 tsp Italian seasoning

KITCHEN TIP

Dry roasted peppers well to avoid soggy wraps.

MAKE IT

1. Mash half the beans with lemon, oil, and Italian seasoning.
2. Stir in remaining beans and chopped roasted pepper.
3. Spread filling over tortillas, add spinach, and roll tightly.
4. Slice in half to serve.

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