Raspberry Vanilla Overnight Oats

10 min + overnight | Yields 2



SERVING IDEA

YOU WILL NEED

- 1 cup old-fashioned rolled oats
- 1 cup plain milk or unsweetened soy milk
- 1/2 cup plain Greek yogurt
- 1 cup raspberries
- 2 tbsp chia seeds
- 1 tsp vanilla extract

MAKE IT

1. Stir oats, milk, yogurt, chia, and vanilla in a covered container.
2. Refrigerate at least 4 hours or overnight.
3. Divide between bowls and fold in raspberries just before serving.

KITCHEN TIP

For a softer texture, add 2 tablespoons more milk before eating.

EMMA BENNETT RECIPES

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